

# Pyridox Plus

Hypoallergenic

Synergistic

Vitamin Supplement

*with synergistic vitamin B1 and manganese*

## Product description

Pyridox Plus contains vitamin B6 and synergists vitamin B1 and manganese (amino acid chelate).

## Nutritional activity

Vitamin B6 is a metabolic stimulant. It is an essential cofactor in the metabolism of carbohydrates, fats and proteins; it acts as a coenzyme in over forty different enzymatic reactions; and it potentiates the effects of other vital nutrients such as zinc, magnesium and other B complex vitamins.

Main functions of vitamin B6:

- Energy production
- Protein and lipid metabolism
- Digestion
- Hormone synthesis
- Neurotransmitter synthesis
- Sodium/potassium regulation
- Calcium/magnesium regulation
- Blood sugar regulation
- Heavy metal chelation

Typical deficiency signs:

- Nausea, anorexia, morning sickness
- Insomnia, irritability, depression
- Anaemia, fatigue
- Hypoglycemia, glucose intolerance
- Eczema
- Mouth ulcers
- Infantile convulsions
- Kidney stones
- Poor nerve function

## Specifications

**Pyridox Plus:** AUST L 61187

**Each tablet contains:**

Vitamin B1 (Thiamine nitrate) 2mg

Vitamin B6 (Pyridoxine hydrochloride) 50mg

Manganese (amino acid chelate) 1mg

**Excipients:** Cellulose-microcrystalline cellulose, stearic acid, magnesium stearate, silica-colloidal anhydrous.

This product contains no wheat, yeast, soy, alfalfa, milk or corn allergens, and no salt, sucrose, starch, gelatine, gluten, wax, hydrogenated oils, artificial colours, flavours or preservatives.

**Recommended dosage:** Adults 1 tablet per day or as directed by a healthcare professional.

**Indications:** Source of vitamin B6. Helps relieve nervous tension, stress and mild anxiety. Assists in the maintenance of peripheral circulation.

**Pack size:** 90 tablets.